

#HCPS90x20

GOING FOR THE



## 2018 Publix Gasparilla Distance Classic

*It's time to register for the*  
**HCPS 90x20**

*2018 Publix Gasparilla Distance Classic 5K Run*  
**Saturday, February 24, 2018**

Hillsborough County Public Schools (HCPS) has partnered with the Publix Gasparilla 5K Distance Classic to promote the initiative of 90% graduation rates by 2020, and wellness via walk/run clinics for students, families, teachers, staff and community members. We are promoting wellness and academic achievement through physical activity and goal-setting.

### DECIDE. COMMIT. ACT.

Join our HCPS 90x20 Going for the Gold Team today! When you register, a percentage of the proceeds from the 5K go to the HCPS Office of Diversity. To register for the HCPS 90x20 Publix Gasparilla Distance Classic Team, visit [www.tampabayrun.com](http://www.tampabayrun.com). Make sure to select the **HCPS90x20** team when prompted to choose.

### CAN WE COUNT YOU IN FOR THE WIN?

When you register for a FREE Walk to Run© Clinic, or join our HCPS90x20 Team at the Gasparilla Distance Classic 5K Run, you will earn the following:

- **Small-group & one-on-one fitness coaching at the clinics**
- **Chance to Win "Fitness Swag"**

To learn more, visit [www.sdhc.k12.fl.us](http://www.sdhc.k12.fl.us)  
 and search **"go 90x20team"**

For additional information, call (813) 273-4881  
 or email [conchita.canty-jones@sdhc.k12.fl.us](mailto:conchita.canty-jones@sdhc.k12.fl.us).



Join the Conversation using  
**#HCPS90x20**

**Coach Gray's**  
**HCPS90x20**

**5K Walk to Run© Clinics**

\*All clinics will begin promptly at 9:00 a.m. unless otherwise noted  
 \*\*Register for clinics via Eventbrite

**Saturday, February 3, 2018**  
**Lutz Elementary School**

\*\*[http://bit.ly/HCPS90x20\\_2-3-18](http://bit.ly/HCPS90x20_2-3-18)

**Saturday, February 17, 2018**  
**Strawberry Crest High School**

\*\*[http://bit.ly/HCPS90x20\\_2-17-18](http://bit.ly/HCPS90x20_2-17-18)

**Thursday, February 22, 2018**  
**ROSSAC (starts at 5:15 p.m.)\***

\*\*[http://bit.ly/HCPS90x20\\_2-22-18](http://bit.ly/HCPS90x20_2-22-18)

### NOTES

- Each clinic begins promptly at 9:00 a.m.
- Recommended supplies include a towel, 2 bottles of water, running shoes, energy bar/snack, Stopwatch/Garmin that tells time, and a yoga mat
- Clinics conclude at 11:00 a.m., but will continue for a half hour for a "Walk and Talk" with School Board member Lynn Gray

### DISTRICT PARTNERS



Heart Walk.

